

家居環境改善及建議



專業復康治療



收費 Fees

收費準則乃根據現行社會福利署發出的標準。

The level of service fee is set according to the standard of SWD.

藥物指導



辦公室開放時間 Opening Hour

星期一至五 Mon to Fri :

上午8時至下午6時 8:00am — 6:00pm

星期六 Sat :

上午9時至下午6時 9:00am — 6:00pm

星期日及公眾假期 Sun & Public holiday :

休息 Close

聯絡方法 Enquiry

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Room 504, 5/F, Kin Wing Commercial Building,
24-30 Kin Wing Street, Tuen Mun, New Territories

電郵 Email : idsp@elchk.org.hk

網頁 Website : <http://www.elchk.org.hk/service>



基督教香港信義會長者病人出院家居支援計劃
ELCHK, Home Support Team of the Integrated Discharge
Support Program for Elderly Patients

屯門醫院及博愛醫院

離院長者 綜合支援計劃



黃金復康

Discharged Rehabilitation

社區為本

Community-based

醫社合作

Seamless Cooperation

服務目標 Program Objectives

1. 與屯門醫院及博愛醫院「離院長者綜合支援計劃」通力合作，提供社區支援服務予長者病人。
To plan for the hospital discharge and to provide community care support service to elderly patients with the Integrated Discharge Support Program for Elderly Patients (Tuen Mun and Yuen Long District) (IDSP).
2. 為有需要的出院長者安排出院後的過渡性家居支援及復康服務，以改善出院長者生活質素、減低再次入院風險。
To arrange community-based rehabilitation services for newly discharged elderly, so as to maintain their quality of life and to reduce the risk of unplanned hospital re-admission.
3. 培訓及支援護理者，提升照顧質素及減輕照顧壓力。
To enhance support and training to caregivers to increase the standard of care and to relieve stress from post-discharge care of the elderly.

單位簡介 Service Description

屯門醫院及博愛醫院與基督教香港信義會合作，分別於2009年7月成立了屯門醫院離院長者綜合支援計劃及於2012年5月成立了博愛醫院離院長者綜合支援計劃，主要為兩間醫院出院後之長者提供6-8星期社區支援服務。

In collaboration with Tuen Mun Hospital (TMH) and Pok Oi Hospital (POH), we launched the IDSP in July 2009 and May 2012 respectively. This program provides pre-discharged planning and 6-8 weeks transitional community support for hospital discharged elderly.

服務對象 Target Group

居於屯門及元朗區達60歲以上，經由屯門醫院或博愛醫院轉介；及有復康、個人護理及家居支援等跟進需要的長者。

Newly discharged elderly aged 60 or above (living in Tuen Mun or Yuen Long District) who are assessed and referred by the Hospital Discharge Planning Team to be in need of personal care, home care support and rehabilitation services.

服務內容 Service Contents

個人護理
Personal care

短暫家居照顧
Elderly sitter services

復康運動/訓練
Rehabilitation exercises

家居清潔
Home-making services

送飯服務
Meal services

接送/陪診
Transport and escort services

購物/代辦服務
Purchasing services

簡單護理
Simple nursing care services

輔導服務
Counselling services

轉介其他支援服務
Referral services

暫住/暫托服務
Day or residential respite

24小時緊急支援服務
24 hours emergency support

護老者支援及培訓
Carer training and support

專業團隊 Professional Team

護理員
Care Worker

社工
(個案經理)
Social Worker

註冊護士
Registered Nurse

職業治療師
Occupational Therapist

物理治療師
Physiotherapist

保健員
Health Worker

復康治療助理
Rehabilitation Assistant



復康運動



社工支援



愛心探訪



陪診及護送服務